

Date	Start	End	Event Name	Location
Mon 08/21/2017	3:30 pm	5:30 pm	VXC Practice (fitness center)	JJHS Cross Country Course JJHS Fitness Room
Tue 08/22/2017	3:30 pm	5:30 pm	VXC Practice	JJHS Cross Country Course
Wed 08/23/2017	3:30 pm	5:30 pm	VXC Practice	JJHS Cross Country Course
Thu 08/24/2017	3:30 pm	5:30 pm	VXC Practice	JJHS Cross Country Course
Fri 08/25/2017	8:00 am	10:00 am	VXC Practice @ PoRidge	Pound Ridge Town Park
Sat 08/26/2017	8:00 am	10:00 am	VXC Practice @ PoRidge	Pound Ridge Reservation
Mon 08/28/2017	3:30 pm	5:30 pm	VXC Practice	JJHS Cross Country Course
Tue 08/29/2017	3:30 pm	5:30 pm	VXC Practice	JJHS Cross Country Course
Wed 08/30/2017	5:00 pm	7:00 pm	VXC Practice @ PoRidge	Pound Ridge Reservation
Thu 08/31/2017	5:00 pm	7:00 pm	VXC Practice	JJHS Cross Country Course
Fri 09/01/2017	8:00 am	10:00 am	VXC Practice	JJHS Cross Country Course
Sat 09/02/2017	8:00 am	10:00 am	VXC Practice @ PoRidge	Pound Ridge Town Park
Mon 09/04/2017	All Day	All Day	VXC Practice NO PRACTICE	NO PRACTICE
Tue 09/05/2017	5:00 pm	7:00 pm	VXC Practice	JJHS Cross Country Course
Wed 09/06/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Thu 09/07/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Fri 09/08/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Sat 09/09/2017	8:30 am	1:00 pm	VXC Wave Mania	Sanfordville Elementary School
Mon 09/11/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Tue 09/12/2017	5:15 pm	8:00 pm	VXC Mega Dual @ Bowdoin Park	bowdoin park
Wed 09/13/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Thu 09/14/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Fri 09/15/2017	3:00 pm	3:15 pm	Varsity Option Mtg	JJHS Main Gym
Fri 09/15/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Sat 09/16/2017	8:30 am	3:00 pm	VXC Wilton Invitational	Wilton High School
Mon 09/18/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Tue 09/19/2017	2:55 pm	3:15 pm	Varsity Option Make Up Mtg	JJHS Main Gym
Tue 09/19/2017	3:15 pm	5:15 pm	VXC Practice (Town Park)	Lewisboro Town Park
Tue 09/19/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Wed 09/20/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Sat 09/23/2017	8:00 am	3:00 pm	VXC Crusader Classic Invitational	Monroe Woodbury High School
Mon 09/25/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Tue 09/26/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Wed 09/27/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Thu 09/28/2017	3:15 pm	5:15 pm	VXC Practice (PoRidge)	Pound Ridge Reservation
Sat 09/30/2017	All Day	All Day	VXC Practice NO PRACTICE	NO PRACTICE
Mon 10/02/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course

Date	Start	End	Event Name	Location
Tue 10/03/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Wed 10/04/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Thu 10/05/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Fri 10/06/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Sat 10/07/2017	8:30 am	3:00 pm	VXC Brewster Bear Invitational	Brewster Hs
Mon 10/09/2017	All Day	All Day	VXC Practice NO PRACTICE	NO PRACTICE
Tue 10/10/2017	3:15 pm	5:15 pm	VXC Practice (PoRidge)	Ward Pound Ridge
Wed 10/11/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Thu 10/12/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Fri 10/13/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Sat 10/14/2017	8:30 am	2:00 pm	VXC Bobcat Run	Byram Hills Hs
Sat 10/14/2017	8:30 am	3:00 pm	VXC Manhattan Invitational	Van Cortlandt Park
Mon 10/16/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Tue 10/17/2017	5:15 pm	8:00 pm	VXC League Meet @ Bowdoin Park	bowdoin park
Wed 10/18/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Thu 10/19/2017	3:15 pm	5:15 pm	VXC Practice @ Pound Ridge	Ward Pound Ridge
Fri 10/20/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Sat 10/21/2017	8:30 am	3:00 pm	VXC Section 1 Coaches Invitational	bowdoin park
Mon 10/23/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Tue 10/24/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Wed 10/25/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Thu 10/26/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Fri 10/27/2017	3:15 pm	5:15 pm	VXC Practice	JJHS Cross Country Course
Sat 10/28/2017	10:00 am	1:00 pm	VXC Westchester Cty Championships	Croton Point Park
Sat 11/04/2017	8:30 am	2:00 pm	VXC Section 1 Championships	bowdoin park
Sat 11/11/2017	8:00 am	3:00 pm	VXC NYSPHSAA Championships	Rochester
Sat 11/18/2017	8:00 am	3:00 pm	VXC NYS Federation Championship	bowdoin park
Sat 11/25/2017	10:00 am	1:00 pm	VXC Nike Regional Qualifier	bowdoin park