

| Date | Start | End | Event Name | Location |
|----------------|---------|----------|-----------------------------------|---------------------|
| Fri 08/30/2019 | 4:45 pm | 6:00 pm | Swim Practice @ Town Park | Lewisboro Town Park |
| Sat 08/31/2019 | 9:00 am | 10:30 am | Swim Practice @ Town Park | Lewisboro Town Park |
| Tue 09/03/2019 | 4:45 pm | 6:00 pm | Swim Practice @ Town Park | Lewisboro Town Park |
| Wed 09/04/2019 | 3:00 pm | 5:15 pm | JV Boys Soccer Practice (FV) | Fox Valley Park |
| Wed 09/04/2019 | 3:00 pm | 5:15 pm | V BoysSoccer Practice (FV) | Fox Valley Park |
| Thu 09/05/2019 | 4:30 pm | 6:00 pm | Swim Practice @ Town Park | Lewisboro Town Park |
| Thu 09/05/2019 | 4:30 pm | 6:00 pm | JV BoysSoccer v Rye | Fox Valley Park |
| Fri 09/06/2019 | 3:00 pm | 5:15 pm | V&JV Boys Soccer Practice (FV) | Fox Valley Park |
| Mon 09/09/2019 | 4:30 pm | 6:00 pm | Girls Swim & Dive v Pelham | Lewisboro Town Park |
| Tue 09/10/2019 | 3:00 pm | 5:15 pm | V&JV GirlsSoccer Practice | Fox Valley Park |
| Tue 09/10/2019 | 4:30 pm | 6:00 pm | Swim Practice @ Town Park | Lewisboro Town Park |
| Wed 09/11/2019 | 3:00 pm | 5:00 pm | JV GirlsTennis Practice (FV) | Fox Valley Park |
| Wed 09/11/2019 | 4:30 pm | 6:00 pm | JV BoysSoccer v Nyack | Fox Valley Park |
| Wed 09/11/2019 | 4:45 pm | 6:15 pm | Girls Swim & Dive v Sleepy Hollow | Lewisboro Town Park |
| Fri 09/13/2019 | 3:00 pm | 5:15 pm | V BoysSoccer Practice (FV) | Fox Valley Park |
| Fri 09/13/2019 | 4:45 pm | 6:15 pm | JV BoysSoccer v Lakeland (FV) | Fox Valley Park |
| Mon 09/16/2019 | 3:00 pm | 5:00 pm | JV GirlsTennis Practice (FV) | Fox Valley Park |
| Mon 09/16/2019 | 3:15 pm | 5:15 pm | VXC Practices (town park) | Lewisboro Town Park |
| Tue 09/17/2019 | 3:00 pm | 5:00 pm | V&JV GirlsSoccer Practice (FV) | Fox Valley Park |
| Wed 09/18/2019 | 3:00 pm | 5:30 pm | V Boys Soccer Practice (FV) | Fox Valley Park |
| Wed 09/18/2019 | 4:15 pm | 6:15 pm | JV GirlsTennis v ByramHills | Fox Valley Park |
| Mon 09/23/2019 | 4:00 pm | 6:00 pm | JV GirlsTennis v JFK | Fox Valley Park |
| Wed 09/25/2019 | 3:00 pm | 5:00 pm | V GirlsSoccer Practice (FV) | Fox Valley Park |
| Fri 09/27/2019 | 4:15 pm | 5:45 pm | JV BoysSoccer v Yorktown (FV) | Fox Valley Park |